



Introductory Bio for Speaker, Christine McDougall

Dr. Christine McDougall is a foremost authority on authentic communication and leadership and a global pioneer in the fields of executive coaching and leader development. With clients located throughout Europe, North America and the Asia-Pacific, Dr. McDougall is an executive coach to Fortune 500 Senior Executives, Board Directors and CEOs, high-net worth individuals, award-winning business and social entrepreneurs and some of Australia's most accomplished athletes.

Dr. McDougall is Australasia's first Master Certified Coach, a powerful teacher and is considered a luminary in her field which she has helped shape and steward for over 14 years. This has included various leadership roles such as: Founding President of the International Coach Federation (Australasia); past Board Director and Vice President of the International Coach Federation (USA); Founding Member of the International Consortium for Coaches in Organizations; Editorial Board, International Journal of Coaching in Organizations.

Christine is the Founding President of SYZERGY, a global innovator in helping leaders, their organizations and communities work together to address their toughest problems and create collective alignment against all odds. Her coaching style enables powerful and rigorous human development by embracing the whole person and is guided by a commitment to the application of more integral approaches to sustaining change. Her coaching sessions have been described as "the perfect double-espresso – a delicious jolt that will fire the brain, awaken your consciousness, stir your soul and get you moving."

Informing her holistic approach to facilitating change has been her involvement in the wellness industry for over 25 years, having helped launch Australia's first luxury health resort, Camp Eden. Christine is also an accomplished athlete, having completed over 16 marathons (including the famous Boston, NYC and Chicago Marathons), 6 ultra-marathons and an Ironman Triathlon.